

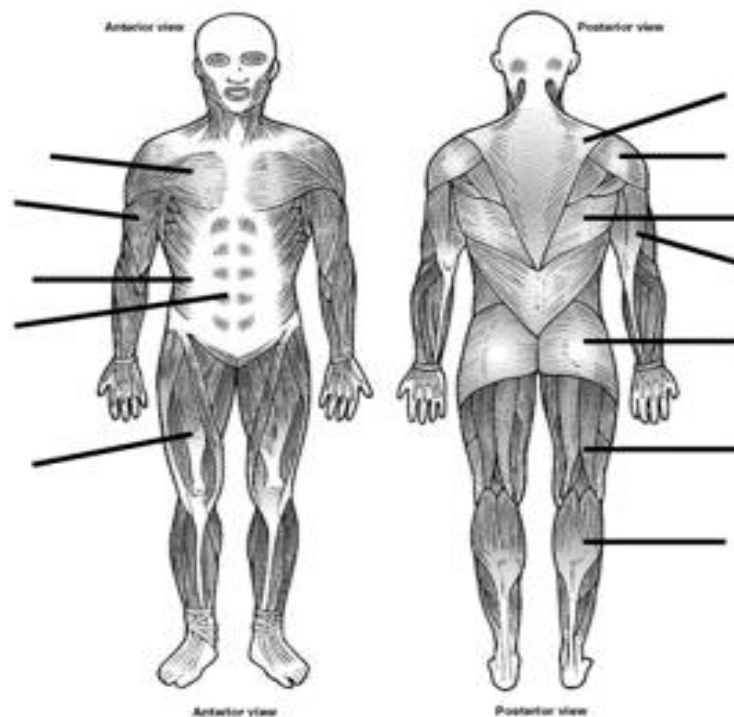
BTEC Dip/Ext Dip SES – Subject Enrolment Work

From September until January you will be studying Anatomy and Sports Psychology in preparation for external exams. In order to prepare you for lessons, please take time to complete the following tasks.

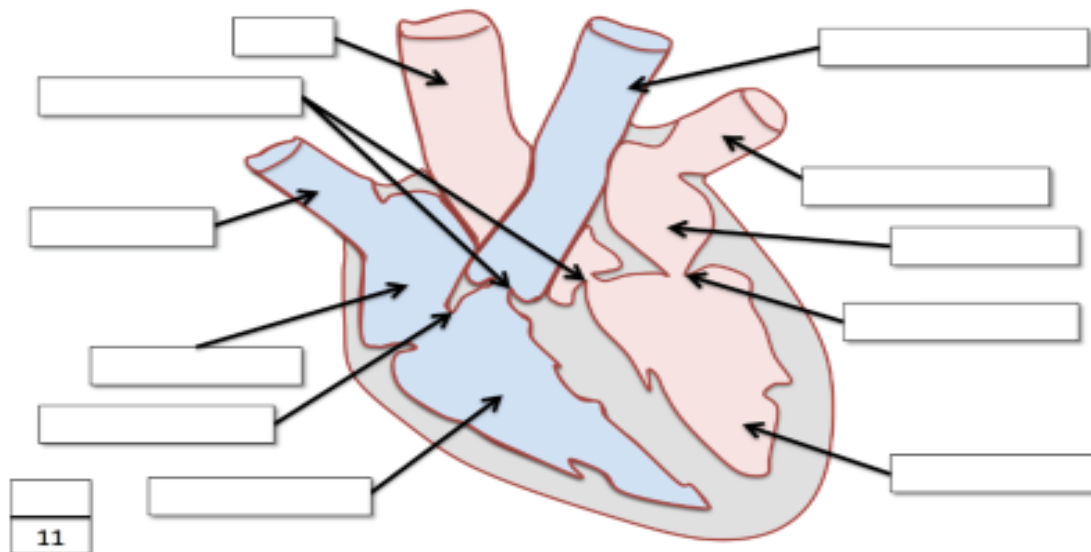
Task 1: Label the skeleton and learn the names of the identified bones.



Task 2: Label the muscle man and learn the names of the identified muscles.



Task 3: Label the heart.



Task 4: Define the following terms and provide examples.

a) Extrinsic motivation:

b) Intrinsic motivation:

Task 5: Describe the following theories of arousal.

a) Drive theory



b) Inverted-U hypothesis

