

Health & Social Care BTEC Level 3- National Extended Certificate

Preparation for September- Enrolment task

Unit 1 – Examined Unit- Preparation

Research stages of development and complete the summary table below to identify at least *one key feature* for each area of development at each stage.



| Stage | Areas of Development - Key Features | | | |
|----------------------------------|-------------------------------------|--------------------------|-----------------------|--------------------|
| | Growth and Physical Development | Intellectual Development | Emotional Development | Social Development |
| Infancy (0-2 years) | | | | |
| Early Childhood (3-8 years) | | | | |
| Adolescence (9-18 years) | | | | |
| Early Adulthood (19-45 years) | | | | |

Unit 5 – Coursework Unit- Preparation

A big part of this course is to be aware of key terms such as equality, diversity and discrimination.

Answer the following:

Q1. What is meant by equality?

Q2. What is meant by diversity?

Q3. What is the Equality Act? Who does it protect?

Q4. Why is it important to prevent discrimination of those who are in based in Health & Social Care Settings?

Q5. Consider the following case studies and answer the questions that follow:

Case Study 1: Valerie B. aged 24 years

Valerie B. was admitted to the community hospital, following surgery for her appendix which burst before she could reach hospital.

Valerie has mental health problems which began when her parents died when she was six years old.

Valerie's surgery was complicated due to her being obese. She has low self-esteem and cannot see why she needs to lose weight or change her lifestyle.

Valerie lives in flat provided by a housing association, but has been bullied by local teenagers because of her obesity.

Valerie's surgical wound is healing, but she does not want to go home because she is afraid that the bullying will start again. She is unemployed and receives Universal benefit.

Valerie has a hearing impairment but has never been assessed for any support to improve her hearing.

Valerie is a vegetarian.

Case study 3: Aisha H. aged 82 years

Aisha M. was admitted to the community hospital, to recover from a bout of pneumonia. Aisha has vascular dementia, which is becoming more severe. Currently, Aisha lives alone, having been single for all of her life so far. She has no family. Aisha is a practicing Buddhist.

The neighbour who visits Aisha, said that Aisha often wanders around late at night in the garden, muttering to herself. The neighbour doesn't think that Aisha is safe living at home, but has no one to look after her, as her siblings are now dead.

Aisha has developed incontinence since being admitted to the community hospital and requires constant changing. Her vascular dementia is causing her to have delusions, where she appears to hear voices and can be heard speaking to her former friends who she no longer has contact with.

A health visitor called to inspect Aisha's flat and found that it was chaotic, dirty and that there was not food in the house.

- i. Identify and explain one type of discrimination each case study could face
- ii. Research what is meant by 'personalisation of care'
- iii. How could each case studies care be personalised?
- iv. How could care workers find out what specific care both case studies would want?

Useful documentaries to watch

- **Care – BBC drama** <https://www.youtube.com/watch?v=1EJXDk-B8h0> *Discrimination/disability*
- **Crisis in Care: BBC Panorama** <https://www.bbc.co.uk/programmes/m0005jpf> Panorama reveals the failings of our social care system, as our population gets older and more of us need help with day to day living. *Old age/care services*
- **The Nine to Five with Stacey Dooley** <https://www.bbc.co.uk/iplayer/episode/p06zhfvw/the-nine-to-five-with-stacey-dooley-series-1-2-caring-and-sharing> Stacey Dooley takes five teenagers to a care home for work experience. *Types of support/voluntary support/old age*
- **Babies : their wonderful world** – BBC. Explores how the first 2 years of life shapes the adults we become. *Infancy development/lifestages*
- **The secret life of 4 and 5 year olds** – Channel 4. Great for looking at *childhood development/lifestages* (especially socialisation skills)
- **Old people’s home for 4 year olds** – Channel 4. How the company of 4 year olds helped to improve the mood, mobility and memory of the elderly. *Lifestages*.
- **Born to be different** – Channel 4. The pressures and joys of bringing up a disabled child <https://www.channel4.com/programmes/born-to-be-different/> *Disability/infancy and childhood/life events*.
- **Speech journey** – You Tube. <https://www.youtube.com/watch?v=jt7y1IM2jOM> How children learn to talk from birth to 5 years old. *Intellectual development*