

# BTEC Nationals in Sport

*Step into your future*



## Why choose a BTEC National in Sport?

Did you know England Rugby star Jack Nowell studied a BTEC and Team GB gymnast Rebecca Tunney and swimmer Molly Renshaw are both studying a BTEC National in Sport? And it's not just professional athletes who are winning with BTEC; there are thousands of talented coaches and trainers out there enjoying successful careers thanks to their BTEC National in Sport.

If you want a hands-on course that gives you the opportunity to develop the practical skills and specialist knowledge that you'll need to kick-start your career, then BTEC Nationals are a winning choice for you!

## BTEC Nationals are:

- Level 3 qualifications designed to provide you with the core knowledge and study skills you will need to progress to higher education or employment.
- The most widely recognised skills-based qualification for admission to higher education.
- Equivalent in standard to A levels.
- Available in 5 different sizes: ranging from smaller courses designed for study alongside other level 3 qualifications, like A levels, to the Extended Diploma, equivalent in size to 3 A levels.
- Valid for UCAS points - see **BTEC Nationals Guide** for full details.

BTEC National	No. of A levels equivalent in size to:	GLH
Certificate	0.5	180
Extended Certificate	1	360
Foundation Diploma	1.5	540
Diploma	2	720
Extended Diploma	3	1080

## What you'll learn:

Depending on the size of qualification you choose, topics you could study include:

- Anatomy and Physiology
- Fitness Training and Programming for Health
- Sport and Wellbeing
- Sports Leadership
- Practical Sports Performance
- Coaching for Performance
- Research Methods in Sport
- Investigating Business in Sport and Active Leisure
- Acquiring Skill in Sport

## What you will gain:



Hands-on experience of real-world scenarios



Core knowledge and understanding of the sector



Confidence in applying your knowledge



Stronger study and research skills



Transferable employability skills



Evidence to support future academic/job applications

## Where you can go next:

### Higher Education

- 4 out of 5 of BTEC students go on to receive a 1<sup>st</sup> or 2<sup>nd</sup> class degree.\*
- In 2015, over 25% of the students entering university in England did so with a BTEC.\*\*

### Employment

BTEC Nationals in Sport are backed by some major UK employers and professional bodies, including: Rugby Football League, Wigan Athletic FC, Chartered Institute for the Management of Sport and Physical Activity (CIMPSA), League Football Education, Skills Active and Sports Coach UK.

## Case studies



### Hayley Simpson

Having completed her BTEC National at Tameside College, Hayley is now studying Sports Coaching at Leeds Beckett University, after which she aims to become a Physical Education teacher. She's also a proud ambassador for BTEC!



### Mohamed Mohamed

Mohamed has enjoyed great career success since completing his BTEC National at Kingston College and is currently working as a Football Coach for both Highgate School and Chelsea FC's Chelsea Foundation.



### Joe Holland

Whilst completing his BTEC National, Joe amassed over 1000 hours of volunteer work leading sports events at schools in his region and setting up a sports leadership programme at his own school. He is now in his final year at university.

## Did you know...?

90% of BTEC students are employed full time after graduating.\*\*\*

Talk to your tutor to find out more or go to [ichoosebtec.com](http://ichoosebtec.com)